

DECEMBER
DENVER PUBLIC SCHOOLS
BREAKFAST / LUNCH
SOAR**2016****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

All grain products are at least 51% Whole Grain and many are made from scratch on site.



Water and a variety of milk are provided with each meal:

- * Fat Free White
- * 1% White
- * Fat Free Strawberry
- * Fat Free Chocolate

1

WG Pancakes w/
Syrup
Scrambled Eggs
WoWbutter & Jelly
Sandwich
Oven Brown
Potatoes
Celery Sticks

2

Vegetarian Stromboli
Toasted Cheese
Sandwich
Spinach Salad
Sweet Corn

5

Veggie Sloppy Joe
on Bun
Toasted Cheese
Sandwich
Spicy Corn Salad
Celery Sticks

6

Vegetable Lasagna
Garlic Toast
WoWbutter & Jelly
Sandwich
Garden Greens
Cucumber Coins

7

BlackJack Pizza
Yogurt Basket
Dinner Roll
Sweet Potato Strips
Cucumber & Tomato
Salad

8

Pancakes w/ Syrup
Scrambled Eggs
WoWbutter & Jelly
Sandwich
Oven Brown
Potatoes
Pepper Strips

9

Spaghetti w/
Marinara Sauce
Toasted Cheese
Sandwich
Garden Greens
Baby Carrots

12

Chilaquiles
Spanish Rice
Toasted Cheese
Sandwich
Fiesta Bean Salad
Spicy Cucumbers

13

Mac & Cheese
WoWbutter & Jelly
Sandwich
Garden Greens
Cucumber &
Tomato Salad

14

BlackJack Pizza
Yogurt Baskets
Dinner Roll
Broccoli
Kale Chips

15

Pancakes w/ Syrup
Scrambled Eggs
WoWbutter & Jelly
Sandwich
Oven Brown
Potatoes
Celery Sticks

16

Vegetarian Pizza
Toasted Cheese
Sandwich
Spinach Salad

19

Vegetarian Tacos
Spanish Rice
Toasted Cheese
Sandwich
Calabasitas con Elote
Baby Carrots

20

Italian Vegetable
Sub
WoWbutter & Jelly
Sandwich
Homestyle Potato
Salad
Broccoli

21

BlackJack Pizza
Yogurt Basket
Dinner Roll
Southwest Beans
Pepper Strips

22**WINTER BREAK****- NO SCHOOL -****23****WINTER BREAK****- NO SCHOOL -****26****WINTER BREAK****- NO SCHOOL -****27****WINTER BREAK****- NO SCHOOL -****28****WINTER BREAK****- NO SCHOOL -****29****WINTER BREAK****- NO SCHOOL -****30****WINTER BREAK****- NO SCHOOL -**

Please note that
menus are
subject to change.



Denver Public Schools



Food & Nutrition Services

Weekly nutrient values, nutrition & food safety information and links to other informative sites found on our website at: <http://foodservices.dpsk12.org> or Facebook.

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