

ELEMENTARY LUNCH (ECE-8) MENU

JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALTERNATE LUNCH ENTREE CHOICES:				
Turkey & Cheese Sandwich PB & J Sandwich Toasted Cheese Sandwich	Yogurt Basket PB & J Sandwich Ham & Cheese Munchable	Turkey & Cheese Sandwich PB & J Sandwich Toasted Cheese Sandwich	Yogurt Basket PB & J Sandwich Ham & Cheese Munchable	Turkey & Cheese Sandwich PB & J Sandwich Toasted Cheese Sandwich
SALAD BAR: An unlimited variety of fresh, frozen, and canned fruits and vegetables are offered daily. Local varieties used when available.	1 WINTER BREAK	2 WINTER BREAK	3 WINTER BREAK	4 PLANNING DAY
7 Mac & Cheese Garlic Bread Fiesta Bean Salad Broccoli	8 Chicken Tamale Cheese Tamale w/ Refried Beans Spicy Corn Salad Cherry Tomatoes	9 Meatloaf w/Dinner Roll Garden Chili w/Tortilla Mashed Potatoes Sweet Peas	10 BBQ Chicken Broccoli Cheese Baked Potato Dinner Roll Coleslaw Baby Carrots	11 Cheeseburger Veggie Wrap Sweet Potato Tots RIPS
14 Chicken Nuggets Dinner Roll Hummus Bowl Baby Carrots Celery Sticks	15 Spaghetti w/Meat Sauce Spaghetti w/Marinara Garlic Bread Garden Greens Tomato/Cucumber Salad	16 Pancakes w/ Sausage Pancakes w/Hard Boiled Egg Oven Potatoes Baby Carrots	17 BBQ Pork Sandwich Bean & Cheese Burrito Curly Fries Coleslaw	18 Beef Nachos Cheese Nachos Southwest Beans Spicy Corn Salad
21 MLK Jr. DAY	22 Chicken Teryaki w/Brown Rice Grilled Mediterranean Sandwich Broccoli Sweet Corn	23 Beef Tacos Veggie Tacos Spanish Rice Refried Beans Cherry Tomatoes	24 Chicken Alfredo Pasta Alfredo Garlic Bread Garden Greens Baby Carrots	25 All Beef Hot Dog on Bun Charro Beans & Rice Sweet Potato Tots Cucumber Coins
28 Mac & Cheese Garlic Bread Fiesta bean Salad Broccoli	29 Cheesy Breadsticks w/ Marinara Falafel w/ Flatbread Garden Greens Cherry Tomatoes	30 Meatloaf w/Dinner Roll Garden Chili w/Tortilla Mashed Potatoes Sweet Peas	31 BBQ Chicken Broccoli Cheese Baked Potato Dinner Roll Coleslaw Baby Carrots	MILK CHOICES: Water and a variety of milk products are available at each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate

MENU INFORMATION

	Scratch Made		Vegetarian		Whole Grain		Contains Pork
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For more information, please visit: foodservices.dpsk12.org

* Please note, menus are subject to change. This institution is an equal opportunity provider.